

Section VIII Sports Seasons 2019-2020

HIGH SCHOOL

Fall:

Football - Monday, August 19, 2019 – Sunday, December 1, 2019
Cheerleading – Monday, August 26, 2019 – Sunday, December 1, 2019
B/G Soccer – Monday, August 26, 2019 – Sunday, November 17, 2019
B Volleyball - Monday, August 26, 2019 – Saturday, November 23, 2019
G Volleyball Monday, August 26, 2019 - Sunday, November 24, 2019
Field Hockey - Monday, August 26, 2019 – Sunday, November 17, 2019
Cross Country – Monday, August 26, 2019 – Saturday, November 16, 2019
G Swimming/Diving – Monday, August 26, 2019 – Saturday, November 23, 2019
B Badminton – Monday, August 26, 2019 – Sunday, November 10, 2019
G Tennis – Monday, August 26, 2019 – Monday, November 4, 2019
Golf – Monday, August 26, 2019 – Sunday, November 10, 2019

Winter:

B/G Basketball – Monday, November 18, 2019 – Sunday, March 29, 2020
B/G Fencing – Monday, November 18, 2019 – Sunday, February 22, 2020
Wrestling – Tuesday, November 12, 2019 – Saturday, February 29, 2020
Cheerleading – Monday, November 18, 2019 Saturday, March 7, 2020
B Swimming/Diving - Monday, November 18, 2019 – Saturday, March 7, 2020
Gymnastics – Monday, November 18, 2019 – Saturday, February 29, 2020
B/G Winter Track - Monday, November 18, 2019 – Saturday, March 7, 2020
B/G Bowling - Tuesday, November 12, 2019 – Saturday, March 15, 2020
Rifle – Monday, November 18, 2019 –Saturday, March 7, 2020

Spring:

B/G Lacrosse– Monday, March 9, 2020 – Saturday, June 13, 2020
Baseball - Monday, March 9, 2020 – Saturday, June 13, 2020
Softball - Monday, March 9, 2020 – Saturday, June 13, 2020
B/G Track - Monday, March 9, 2020 – Saturday, June 13, 2020
B Tennis - Monday, March 16, 2020 – Saturday, June 6, 2020
B Golf – Monday, March 16, 2020 – Monday, June 8, 2020
G Golf – Monday, March 16, 2020 – Sunday, June 7, 2020
G Badminton – Monday, March 16, 2020 – Sunday, June 7, 2020

MODIFIED PROGRAM

Fall: Thursday, September 5, 2019 – Saturday, November 2, 2019

Winter I: Tuesday, November 12, 2019 – Saturday, January 18, 2020

Winter II: Tuesday, January 21, 2020 – Saturday, March 21, 2020

Spring: Monday, March 30, 2020 – Saturday, June 6, 2020

HOLY DAYS OF OBSERVANCE 2018-2019

No contest or interschool scrimmage may be scheduled in Section VIII by a member school on the following dates:

*Monday and Tuesday, September 30, & October 1, 2019	Rosh Hashanah
*Wednesday, October 9, 2019	Yom Kippur
Tuesday/Wednesday and Thursday December 23-25 2019	Christmas Eve/Day
*Thursday, April 9, 2020	First Day of Passover
Friday, April 10, 2020	Good Friday
Sunday, April 12, 2020	Easter Sunday

**Indicates student-athletes must be able to be home by 6:00 PM on the day preceding this date.*

ANTICIPATED TESTING DAYS 2018-2019

ACT DATES

September 14, 2019
October 26, 2019
December 14, 2019
February 8, 2020
April 4, 2020
June 13, 2020
July 18, 2020

Anticipated SAT Test Date

August 24, 2019
October 5, 2019
November 2, 2019
December 7, 2019
March 7, 2020
May 2, 2020
June 6, 2020

SIGNIFICANT DAYS 2018-2019

Monday, September 2, 2019	Labor Day
Wednesday, September 11, 2019**	Patriot Day
Monday, October 14, 2019	Columbus Day
Tuesday, November 5, 2019	Election Day
Monday, November 11, 2019	Veterans Day
Thursday, November 28, 2019	Thanksgiving Day
Monday, January 21, 2020	Martin Luther King, Jr. Day
Monday, February 17, 2020	Presidents Day
Monday, May 25, 2020	Memorial Day

Labor Day may count as a required practice day to achieve the minimum practice days required prior to the start of scrimmages and contests for fall season sports.

***In recognition of those who perished on September 11, 2001 in the tragedy of the World Trade Center, it is recommended that each school playing on this day provide a moment of silence in memory and tribute.*

Thanksgiving Day may not count as a required practice day to achieve the minimum practice days required prior to the start of scrimmages and contests for winter season sports.

CONFERENCES

COA/NYSAHPERD Conference
NIAAA/NFHS Conference
NYSAAA Conference

Turning Stone
Saratoga Springs, NY